From: Jonathan Wainscott <jonwainscott@gmail.com>
Sent: 6/27/2021 7:07:59 PM
To: Esther Manheimer
Cc:
Subject: From your favorite pain in the neck, for the pain in your neck

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https://avltoday.6amcity.com/saltwater-floatation-asheville-nc/

This is so crazy, I was thinking about this the other day, hoping this place was still around. Back in 2003, when I had a second house, I used it as a flotation center of sorts. I had a sensory deprivation tank and had about 60 customers over the year I did this. Yoga teachers really dug it and some of the most responsive people were mothers of young kids. Now I know why. Also, there was one woman who suffered from severe rheumatoid arthritis. After floating for 90 minutes she said she hadn't felt so good in 20 years. I saw a while back that you suffer from this condition as well. You should give this a try.sometime. It's really great.
Can't do much to alleviate my being a pain in your neck every other Tuesday. It's not my intention and I'm sorry for the number of Advil I may be responsible for. Thanks for allowing me and others to speak the other night. I'll make sure to sign up in the future. And just know that I am not, NOT, going to come to the next Council meeting, your first as a 50 year old!!!, dressed as a Chippendale's dancer, and I won't sing Happy Birthday.... Madam Mayor during Public Comment and Informal discussion no matter how much money has been collected for me to do so.

Enjoy some time away, see you in a month or so.

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Jonathan Wainscott

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