

From: Sue Polston <spolston@sunriseinasheville.org>
Sent: 9/2/2021 9:29:22 AM
To: Ashley Lung <alung@sunriseinasheville.org>
Cc: Emily Ball <eball@ashevillenc.gov>
Subject: Re: Success story
Attachments: [i_age_67175937.JPG](#), [i_age_50426113.JPG](#)

I love this and our team! Did we get a signed media release? I'd love to spotlight stories in our newsletter if peer agrees.

Sue Polston - Executive Director
CERTIFIED PEER SUPPORT SPECIALIST
CCAR Recovery Coach Academy Trainer & WRAP Facilitator
[Sunrise Community for Recovery & Wellness](#)
mailing: PO BOX 845 Asheville, NC 28802
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WEBSITE

(Due to my family/work balance you may receive emails from me outside of normal working hours - please do not feel obligated to respond outside of your own working pattern)

On Thu, Sep 2, 2021 at 0:06 AM Ashley Lung <alung@sunriseinasheville.org> wrote:
Here's just a little literally created we are getting the rest. I just wanted you to see.

Forwarded message
From: Jessie Cadieu <jcadieu@sunriseinasheville.org>
Date: Thu, Sep 2, 2021, 0:04 AM
Subject: Re: Success story
To: Ashley Lung <alung@sunriseinasheville.org>
Cc: Alex Glass <Aglass@sunriseinasheville.org>, Jenn Anglin <janglin@sunriseinasheville.org>, Kat Douglas <Kdouglas@sunriseinasheville.org>

was literally sitting with [REDACTED] at the picnic table when you sent this [REDACTED]

[REDACTED]
How has staying here helped you while living at the shelter?

Answer: they have helped me with stability. They have helped me restart my life and set goals for my future. helped get my identification card and in process of finding my stimulus checks

How has living in the shelter helped you?

Answer: stability, having a place to call home, gives me rest and a temporary address to get all of my stuff sent to in order to get my life back on track

[REDACTED] has been homeless since he was 6 or 7 years old. He encountered a terrible accident that involved being hit by a train and lost his right arm. He said that he got "extremely depressed and thought about suicide all the time." He also said that being at this shelter keeps him from having these types of thoughts because he feels like he's apart of something bigger now. He remains optimistic in getting permanent housing in which he has done all the necessary paperwork in place to speed up his process.

attached two photos!!
[REDACTED], [REDACTED], [REDACTED], Jesse

On Thu, Sep 2, 202 at 9:59 AM Jess e Cad eu <jcad.eu@sunr.se.nashev.lle.org> wrote:
Got t!Â

On Thu, Sep 2, 202 at 9:59 AM Ashley Lung <alung@sunr.se.nashev.lle.org> wrote:

Hey peer nav gators,Â would l ke each of you to p ck one of your peers and do a small success story on them. s
about how we have helped change the r l fe n some way, And how hav ng shelter has helped them also. t can be
from gett ng employment to help ng out around the shelter, Bu ld ng relat onsh ps w th the r fam ly. t can be
anyth ng. Maybe wr te someth ng about them and quote them and then we would love a p cture f they would allow
t.Â The c ty has asked us to do th s, Maybe f we can have t done by Fr day next week. Thank you!!Â

Ashley Lung NCCPSS
Shelter Coord nator
Sunr se Commun ty for Recovery & Wellness

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