

Diamond Slone Couch  
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EDUCATION

**Master of Marriage and Family Therapy,  
Systemic Multicultural Counseling Certificate**

Appalachian State University

December 2021

Cratis D. Williams Graduate Honor Society Inductee

**Bachelor of Arts in Psychology, Linguistics**

University of North Carolina at Chapel Hill

May 2015

PROFESSIONAL MEMBERSHIP

American Association for Marriage and Family Therapy, student member

North Carolina Association for Marriage and Family Therapy, student member

MILITARY SERVICE

**Psychological Operations Asst. Team Chief, E-5**

United States Army Reserve

2015 to present

- Achieved commandant's list (top 10% of class) in Advanced Individual Training and Basic Leaders' Course
- Awarded Joint Service Achievement Medal for overseas missions and volunteering over 100 hours to teaching English
- Implement training in researching target audiences, rapport building, and behavior change to build effective relationships with foreign populations
- Built robust training curriculum for foreign military personnel while deployed to Northern Africa in support of joint service operations, April 2018- February 2019
- Secret Clearance

LEADERSHIP EXPERIENCE

**MFT Program Student Liaison**

2020-2021

Appalachian State University, Marriage and Family Therapy Program

- Elected position. Provide transparency and insight to students and faculty regarding program logistics. Provide student concerns and insight to faculty regarding student perspective. Advocate for the student body in the diverse needs and expectations of the program.

**Black Graduate Student Association, Co-President**

2020-2021

Appalachian State University

- Coordinate and organize programming to serve, affirm, celebrate, and advocate for graduate students of color

**AAMFT Minority Fellowship Program, fellow**

2020- 2021

- Participate in professional development training, projects, webinars, and mentorship geared toward the delivery of culturally competent mental health and substance abuse services to

underserved minority populations.

## RESEARCH EXPERIENCE

Presenter, Bonner Summer Leadership Institute 2022

- Slone Couch, D. (June 2022). Mindfulness in Leadership and Community Engagement. Bonner Foundation, Annual Summer Leadership Institute Conference.

Presenter, NCAMFT Conference

March 2021

- Benson, K.E., Slone Couch, D., Bundsman, C., & Sapakoff, K. (accepted, March 2021). Justice Informed MFT Ethics. North Carolina Association for Marriage and Family Therapy Annual Conference.

Research assistant

Spring 2020

- Interviewer/Team member for Dr. Laura Gambrel's research team on incorporating social justice into MFT education

## WORK EXPERIENCE

### **Assistant Director of Community Engagement, Director of Bonner Leadership Initiatives**

Warren Wilson College, Swannanoa, NC

July 2021 - present

- supervise and manage leadership, equity, and civic engagement training and programming of 25 students
- create and maintain relationships with local community partner organizations
- serves as Forum staff representative

### **Clinical Intern Therapist**

Access Family Services, Asheville, NC

August 2020 - December 2021

- provide culturally-responsive mental health counseling to children, families, couples, and individuals

### **Graduate Assistant/Teaching Assistant**

Appalachian State Leadership Education and Development Office

August 2020 - May 2021

- academic advisor to undergraduate students in Leadership Studies Minor
- provide administrative support to 3-4 instructors in Leadership Education
- co-instructed 'Leadership and Social Change' undergraduate course Spring 2021

### **Customer Support Advocate**

Customer HD, Raleigh, NC

April 2019 to July 2020

- Led and organized company-wide employee health programming and wellness initiatives
- Provide consistent, excellent customer service via chat, phone, and email communication

**Medical Assistant & Administrative Support Specialist**

Carolina Outreach

Behavioral Health Urgent Care Clinic, Durham, NC

October 2017 to March 2018

- Created medical assistant training curriculum and wrote materials to establish structure for new hires
- Conducted excellent customer service in interpersonal, written, phone communication

**Lead Medical Assistant**

Lifestyle Medical Centers, Raleigh, NC

July 2016 to September 2017

- Train and evaluate new medical assistants for hiring and on-boarding process
- Assist in managing new clinic operations including inventory orders managing small budget

**Program Assistant for Alcohol Prevention Projects**

UNC Student Wellness, Chapel Hill, NC

August 2016 to December 2016

- Create, maintain, and update website content for the University alcohol policy outreach campaign
- Create and edit promotional marketing campaign items such as flyers, brochures, and press release

**Program Assistant for Health Promotion and Prevention Initiatives**

UNC Student Wellness, Chapel Hill, NC

July 2015 to November 2015

- Act as manager in the development and dissemination of health communication and social marketing materials, including social media, dynamic web content, and regular contributions to the Healthy Heels blog
- Organize, coordinate, and co-advise undergraduate student group (Healthy Heels Ambassadors) that relies heavily on social media initiatives to spread health messaging
- Create and facilitate workshops and classroom presentations on a variety of health & wellness topics; utilize existing holistic framework to explore intersections between wellness dimensions and health & wellness topics
- Draft written student group policy and training manual in collaboration with office partners
- Facilitate BASICS (Brief Alcohol and Screening and Intervention for College Students) group and individual counseling sessions utilizing motivational interviewing skills

**Direct Support Professional**

Residential Services, Inc.

Chapel Hill, NC - May 2015 to November 2015

- Encourage independence building for 6 men with autism/intellectual developmental disabilities
- Assist in personal care and support with domestic tasks including cleaning, cooking, shopping
- Participate in delivery of behavior support plans
- Engage clients in community access activities

**VOLUNTEER EXPERIENCE****Girls on the Run Assistant Coach**

Hardin Park Elementary, Boone, NC

September 2019 to December 2019

- Facilitate group discussion on age-appropriate topics of mental, emotional, and physical health

- Train and motivate girls ages 8-10 to complete service project and 5k race

### **Lead English Teacher**

Troops 2 Teachers, Djibouti, Africa

June 2018 to January 2019

Association de Developpement et Protection de L'Enfant a Besoin (ADPEB)

- Create and implement English language curriculum for basic-advanced English learners at various ages from 3-30

### **Crisis Counselor**

Crisis Text Line, remote

April 2017 - present

- Provide empathic emotional support on anonymous online platform resource for those in crisis

### **Administrative Support**

Exchange Family Center

Durham, NC - January 2017 - May 2017

- Administrative and marketing support for non-profit organization that aims to prevent child abuse through counseling and educating families

### **Relationship Violence Awareness intern**

Carolina Women's Center

Chapel Hill, NC - August 2013 - May 2015

- Serve as member of Chancellor's 2014 and 2015 Martin Luther King Jr Week of Celebration Committee; welcoming lecturers Hill Harper and Angela Davis
- Plan, organize, implement, and promote programs on diversity and gender equity including several panel discussions with 50+ in attendance
- Lead Alternative Spring Break Trip of 10-15 women to domestic violence and child abuse centers in Wilmington and New Bern, North Carolina